

**Legion of Zoom Track and Field:**

***Outdoor Season 2023***

**All Registration, medical release forms and waivers are on our website.** [www.legionofzoom.org](http://www.legionofzoom2015.org)

***Practice Site:*** Meadowbrook High School, 4901 Cogbill Rd, North Chesterfield VA

***Practice Time:*** Monday, Tues, Wed, & Thurs 6:00pm – 8:00pm

***Registration Fees-*** All membership fees are non-refundable

* + Track Registration Fee: $400 for the Team and Track Meets (AAU & USATF cards)
	+ Training Only: $200 (No Track Meets)
		- **Deposit- $100 upon registration (Nonrefundable)**
		- **Half of Balance due by April 10th (Amount AFTER Deposit)**
		- **Remaining Balance due by May8th**

**Track Registration Amount Covers:**

* USATF or AAU Track and Field Membership card
* Insurance
* Equipment cost
* Track meet fees
* End-of –year Awards
* Coaching/Instruction

**Uniforms:** Girls Uniform $162 | Boys Uniform $172

* + Includes: 1 Uniform, Warmup Suit, Warmup Shirt, and Backpack

**Contact Information:**

**Coach Tyrone Redd: (804) 712-8008**

**Coach Bernard Comer: (804) 267- 9385**

**Megan Price: (443) 379-2573 (Website Questions)**

**Team Email:** legionofzoom2015@gmail.com

Team Schedule

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| **Date** | **Event/Track Meets** | **Location** |
| March 30th  | Parents Team Meeting (Mandatory for all New Parents) | Meadowbrook High School Track |
| April 3rd- 7th | Spring Break PracticeTues & Wed | Meadowbrook HS Track  |
| April 15th  | Speed Capital VA Invitational | Hermitage HS, Henrico VA |
| April 29th  | 9th Annual Jackrabbit- Sapphire Invitational | Mountain View HS, Lawrenceville GA |
| May 13th  | East End Lightening Legends Invitational | Varina HS, Henrico VA |
| May 20th  | Team Car Wash | TBD |
| May 27th  | Durham Striders Invitational | Durham County Memorial Stadium, Durham NC |
| June 3rd  | Body Armor State Games | UNC Charlotte, Charlotte NC |
| June 7th | Team Pictures | Meadowbrook High School Track |
| June 17th  | Legacy- Juneteenth T&F Showcase | Tuscarora HS, Leesburg VA |
| July 10th- 11th  | AAU National Primary Championship (8U) | Dr. Phillips HS, Orlando, FL |
| July 11th- 15th | AAU Club Championship (8-18 Youth) | Dr. Phillips HS, Orlando, FL |
| July 22nd | End of Season Awards  | TBD |

* **The Schedule is subject to change! Team will be notified of any changes prior.**

 **Remind App:** Please download the Remind App for team communication.

