

## WAIVER/ RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR THE LEGION OF ZOOM

Please read this form carefully initial each section. Be aware that, in signing up and participating in the Legion of Zoom Track Club, you will be waiving and releasing all claims for injuries arising out of this program that you or the registered participant might sustain. The terms, "I", "me", and "my" also refer to parents or guardians as well as the participants in the program. In registering for this program, you are agreeing as follows:

As a participant in the program, I recognized and acknowledge that there are certain risks of physical injury, and I agree to assume the full risks of any injuries, including death, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in the program against the Legion of Zoom Track Club any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in the program. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of the agreement).

I do hereby fully release and discharge the Legion of Zoom Track Club, and any and all other released parties, from any and all claims resulting from injuries, including death; damages and losses sustained by anyone, and arising out of, connected with or in any way associated with my conduct and the activities of the program.

I further understand and agree that the terms such as "participation", "program" and "activities", referred to in this Agreement, included all exercise and physical movements of any nature while I am participating in the program, and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment and apparatus, and anything related to my use of the services, facilities or premises involved in the program.

I understand the nature of the program for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand that any advisement or warnings of the particular risks of this program that I subsequently receive will be incorporated by reference into and become a part of this Agreement.

If under 18 \_\_\_\_\_ Date \_\_\_\_\_  
(Signature of Parent)

\_\_\_\_\_  
(Signature of Athlete) \_\_\_\_\_ Date \_\_\_\_\_

## Release Form

Athlete's Name \_\_\_\_\_ Date \_\_\_\_\_

### Publicity Release Form

I give permission to the Legion of Zoom Track Club to use my name or my **child's name, picture/likeness, or statement for the purpose of promoting, advertising, and raising money for the Legion of Zoom.**

\_\_\_\_\_ (Initial)

### Parent's Responsibilities

Parents are important to the success of the athlete and the track club. Therefore, we ask the parents to observe the following guidelines:

- Maintain a positive attitude.
- Realize that once an athlete is at a given facility, they are under the supervision/jurisdiction/guidelines of the coaching staff.
- Insure that the athlete is at practice and at meets on time.
- Provide transportation for the athlete to and from practice and meets.
- Remain present during practice (**when possible**) and during **all** meets.

\_\_\_\_\_ (Initial)

### Athlete's Responsibilities

Athletes represent our organization, the coaching staff, their families, and themselves. We expect all athletes to observe the following guidelines:

1. Use appropriate language at all times (**Inappropriate language will not be tolerated**).
2. No use of illegal drugs and/or alcohol.
3. Respect others and their property.
4. No physical/emotional bullying.
5. Respect coaches and their decisions.
6. Accept constructive feedback.
7. Put forth a 100% effort during practice and meets.
8. BE ON TIME and stay in assigned areas.
10. Attend all practices and meets.
11. Compete in assigned or designated events.

\_\_\_\_\_ (Initial)

### Medical Conditions

No \_\_\_\_\_

Yes \_\_\_\_\_ Condition \_\_\_\_\_

Medication or Special Attention Required? \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

# LEGION OF ZOOM TRACK CLUB

## MEDICAL RELEASE FORM

I, \_\_\_\_\_ (Parent/Guardian's Name) hereby give permission for any and all medical attention to be administered to my child \_\_\_\_\_ (Child's Name) in the event of accident, injury, sickness, etc., under the direction of the person(s) listed below, until such time as I may be contacted. I also assume the responsibility for the payment of any such treatment. This release is effective as long as my child is a member of the **Legion of Zoom Track Club**.

**ADDRESS:**

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**HOME PHONE:**

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**INSURANCE COMP:**

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**POLICY NUMBER:**

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In case I cannot be reached, any of the following persons is designated to act on my behalf:

**\* COACH: Any background checked, USATF and/or AAU-registered, Legion of Zoom Track Club Coach and/or administrator.**

**PHYSICIAN:**

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**ADDRESS:**

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**PHONE:**

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**KNOWN ALLERGIES:**

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**SIGNATURE (PARENT/GUARDIAN)**

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**DATE**

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